

## SCENAR Professional Training Level 1 - Contents



SCENAR.NZ

### SCENAR:

- Indications
- Contraindications
- Cautions

### The Scientific Base for SCENAR Therapy

- Pain Gate Control Theory
- Adaptive Systems
- Reflex-BioFeedback
- Endorphins and Neuropeptides
- Bio-Energetic Medicine
- Nervous System and Skin
- Cell Structures and Perineural System
- Reflex Zones

### The SCENAR Impulse

- Manual Settings
- The different Dose Modes
- Presets (2018 and younger devices)

### Effects of SCENAR application

#### Patient approach

- Pain/Complaint level VAS
- Range of Movement (ROM)
- The three G's

#### Principles of SCENAR Therapy

- 'Here and Now'
- Asymmetries
- Dynamic

#### The different Dose Modes

#### Treatment Zones – local and general zones

#### Vectors

#### Local Zones

- The Point of Pain

- Symmetrical Zone
- Horizontal Zone
- Opposite Zone
- Reciprocal Zones

#### General Zones

- The Three Pathways and Six Points on the Face (3+6)
- The Collar Zone (CZ)
- The Abdomen Zone (AZ)
- The Palm Zone (PZ)

#### SCENAR therapy in Manual Mode (Dose=0)

#### SCENAR Therapy in Digital Mode (Dose=1)

- Initial Reaction (IR)
- Dose\*
- Zero0
- FmVar

#### Principle 'Higher'

#### Applying SCENAR therapy in Digital Mode (Dose=1)

#### Local Zones in Digital Mode

- The Small Cross Method
- Galina Method

#### General Zones in Digital Mode

#### Analysis of the Three Pathways and Six Points on the Face

#### Specific Therapy Methods

- Neck Ring
- Lambs/Clouds
- Large Cross on the Abdomen
- Abdominal Spiral
- Abdominal Star
- Spinal Cleansing
- Informational Cleansing
- Little Wings

#### Treatment Times and Intervals

**Life training seminar** over three days with practical application – trainees treat each other.

Group size is 10 participants max.

Training Times are 9 am to 5 pm with two 30 min breaks morning and afternoon and 1 hour for lunch.

Trainer Dr. med. Jorg Prinz, Kapiti Coast New Zealand +64 (0)27 6994978 also WhatsApp

Groups of 4 or more can request trainer to come to other centres for a surcharge covering trainer's travel and accommodation costs.

**Online Training Courses:** Three online sessions each 3 hours long, each one week apart; participants have to do practical application of protocols on friends and family in the meantime.

Although they will be recorded for review presence during the seminars is mandatory for certification

**All participants**

- receive a training manual (pdf)
- get email support even after the training (mentoring)
- have the chance to do case studies with personalised comments
- receive a certificate of attendance

Book directly on [www.scenar.nz](http://www.scenar.nz)

Or contact Dr. Jorg Prinz on [joeprinz@xtra.co.nz](mailto:joeprinz@xtra.co.nz)

All courses have to be paid before first session commences.

Valid for 2021