

SCENAR Professional Training Level 1 - Contents

SCENAR:



- Indications
- Contraindications
- Cautions

The Scientific Base for SCENAR Therapy

- Pain Gate Control Theory
- Adaptive Systems
- Reflex-BioFeedback
- Endorphins and Neuropeptides
- Bio-Energetic Medicine
- Nervous System and Skin
- Cell Structures and Perineural System
- Reflex Zones

The SCENAR Impulse

Effects of SCENAR application

SCENAR Therapy

- Patient approach
- Pain/Complaint level VAS
- Range of Movement (ROM)
- The three G's

Principles of SCENAR Therapy

- ‚Here and Now‘
- Asymmetries
- Dynamic

The different Dose Modes

Treatment Zones – local and general zones

Vectors

Local Zones

- The Point of Pain
- Symmetrical Zone
- Horizontal Zone
- Opposite Zone
- Reciprocal Zones

General Zones

- The Three Pathways and Six Points on the Face (3+6)
- The Collar Zone (CZ)

- The Abdomen Zone (AZ)
- The Palm Zone (PZ)

SCENAR therapy in Manual Mode (Dose=0)

SCENAR Therapy in Digital Mode (Dose=1)

- Initial Reaction (IR)
- Dose*
- Zero⁰
- FmVar

Principle 'Higher'

Applying SCENAR therapy in Digital Mode (Dose=1) 50

- Local Zones in Digital Mode
- The Small Cross Method
- Galina Method
- General Zones in Digital Mode

Analysis of the Three Pathways and Six Points on the Face

Specific Therapy Methods

- Neck Ring
- Lambs/Clouds
- Large Cross on the Abdomen
- Abdominal Spiral
- Abdominal Star
- Spinal Cleansing
- Informational Cleansing
- Little Wings

Treatment Time

Life training seminar over three days with practical application – trainees treat each other.

Group size is 10 participants max.

Morning and afternoon tea provided.

Times are 9am to 5pm with two 30 min breaks morning and afternoon and 1 hour for lunch.

Trainer

Dr. med. Jorg Prinz, Whakatane 027 6994978

Groups of 4 or more can request trainer to come to other centres for a surcharge covering trainer's travel and accommodation costs.

Valid for 2018